

FIREFIGHTER BEHAVIORAL HEALTH: PROTECTING OUR OWN WORKSHOP



Free Workshop in Genesee County Instructor: Mike McEvoy

We know that firefighters are great problem solvers – the public calls us to manage every crisis imaginable. As such, exposure to traumatic events and "bad" runs happen. Firefighters are also human, with families, homes, bills to pay, and people to answer to outside of the firehouse. As a profession, the fire service has higher rates of divorce, alcoholism, substance abuse, and suicide than civilians. This powerful presentation will not only show you how to be happier within a week, but also demonstrate what you and your department can and should do to protect the physical and mental well being of your members. Keeping firefighters happy and protecting our own is an inside job! *Mike McEvoy*, Ph.D., NRP, RN, CCRN is the EMS coordinator for Saratoga County and NYSAFC's immediate past EMS director, as well as author of the book *Straight Talk About Stress for Emergency Responders*. There is no fee to attend this workshop, which is funded through a New York State Department of Labor grant.

Monday, May 11, 2015 • 6:30 p.m. (doors open) • 7:00 p.m. (presentation)

Hosted by the City of Batavia Fire Department at the

Batavia Middle School Auditorium • 96 Ross St. • Batavia, NY 14020

To Register or for Information/Directions Contact:

City of Batavia Fire Department Lieutenant Robert Fix (585) 345-6375 or bfix@batavianewyork.com

Visit NYSAFC's online resource center at www.nysfirechiefs.com/eap.php